



FRESHMAN PACKING LIST

BLUE RIDGE SCHOOL 9TH GRADE WILDERNESS BASED ORIENTATION Wilderness Adventure at Eagle Landing; New Castle, VA

Clothing:

- Glasses (sun and/or prescription)
- Socks (x4 pairs - wool are ideal)
- T-shirt (non-cotton) (x3)
- Underwear (x3)
- Warm Top Layer (i.e. Fleece Jacket)
- Rain Jacket (or poncho)
- Pants (non-cotton warm layer)
- Hiking Shoes (sturdy and broken-in)
- Comfy Sneakers (or closed-toe sandals)
- Warm Hat (something for the chilly nights)
- Change of clothes for the trip home (casual dress)

Gear:

- Toiletries (toothbrush/paste, deet, sunscreen, hand sanitizer)
- Gallon Size Ziploc Bags (x3)
- Trashbag (x2 - Large Heavy Duty)
- Flashlight / Headlamp (w/ extra batteries)
- Towel

The items are recommended to help keep you comfortable in the wilderness.

It is best for all clothes to be at least synthetic blends (not 100% cotton) so they dry quicker, **ESPECIALLY SOCKS!**

BRING CLOTHES YOU DO NOT MIND GETTING DIRTY THINK SMALL AND LIGHT!