

## BLUE RIDGE SCHOOL



Blue Ridge School's outdoor education program encourages engagement with nature every day.

The program includes outdoor electives, afternoon activities such as mountain biking or hunting, or destination trips on the weekends.

We believe that exposing students to the outdoors and teaching respect for the natural world not only benefits the planet but makes the student a better person. The outdoor elective curriculum provides opportunities for students that are unique and interdisciplinary in their approach. All courses are trimester in length.

The Program provides small group adventures, which promote an appreciation for the natural environment, physical and cognitive growth, and enhance the overall development of each boy.

The outdoor education program takes advantage of the campus' beautiful location – nestled in the foothills of the Blue Ridge Mountains on nearly 750 acres – and provides opportunities for students to develop their talents and pursue their interests beyond those typically provided at a public or day school. These outdoor experiences enhance self-esteem, promote teamwork and encourage the development of leadership skills beyond the classroom.



## WEEKEND TRIPS



## 750 ACRE CAMPUS



## 10+ MILES OF MOUNTAIN TRAILS



## 7 OUTDOOR PROGRAM ELECTIVES

Blue Ridge School was honored to receive support from The Walton Family Foundation to improve its mountain bike trails and program in 2012. Designed by Progressive Trail Design, the first phase of the initiative was the completion of the Gateway Trails, a multi-faceted, two mile long trail that circles the perimeter of the School's main campus. This 3-4' machine-built path is designed for hiking, trail running and mountain biking. It builds on Blue Ridge School's existing 10.25 miles of existing trails that wind throughout the 750 acre campus and incorporates the natural terrain and contours to give it a rhythm and flow like a moving stream.

### OUTDOOR PROGRAM FACILITIES

- 10.25 miles of Mountain Bike Trails
- Challenge Course
- Interpretive Trail
- Orienteering Course
- Outdoor Education Classroom
- Climbing Tower
- Zip Line
- Lake Front

### OUTDOOR PROGRAM AFTERNOON OFFERINGS

- Skiing/Snowboarding
- Mountain Biking (two seasons)
- Outdoor Program (hiking, rock climbing)
- Outdoorsmen (archery, skeet shooting and fishing)

### OUTDOOR PROGRAM ELECTIVES

- Outdoor Leadership I and II
- Outdoor Living Skills
- Outdoor Service Learning
- Outdoor Appreciation
- Appalachian Experiences
- Wilderness and Remote First Aid

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