

# BLUE RIDGE SCHOOL 9<sup>TH</sup> GRADE WILDERNESS BASED ORIENTATION

Wilderness Adventure at Eagle Landing; New Castle, VA

Clothing		Gear	
Glasses (sun and/or prescription)		Toiletries (toothbrush/paste, deet, sunscreen, hand sanitizer)	
Socks (x4 pairs - wool are ideal)		Gallon Size Ziploc Bags (x3)	
T-shirt (non-cotton) (x3 - we will give you one)		Trashbag (x2 - Large Heavy Duty)	
Underwear (x3)		Flashlight (w/ extra batteries)	
shorts (non-cotton) (x2 - swim trunks are ok)		Towel	
Warm Top Layer (i.e. Fleece Jacket)		<p style="text-align: center;"><b>The items are recommended to help keep you comfortable in the wilderness.</b></p> <p style="text-align: center;"><b>It is best for all clothes to be at least synthetic blends (not 100% cotton) so they dry quicker, ESPECIALLY SOCKS!</b></p>	
Rain Jacket (or poncho)			
Pants (non-cotton warm layer)			
Hiking Shoes (sturdy and broken-in)			
Comfy Sneakers (or closed-toe sandals)			
Warm Hat (something for the chilly nights)			
Change of clothes for the trip home (casual dress)			

**BRING CLOTHES YOU DO NOT MIND GETTING DIRTY  
THINK SMALL AND LIGHT!**